



## Disease Management

### ABOUT OUR FORMULARY

#### What is a formulary?

A formulary is a listing of prescription medications that are preferred for use by a plan and are dispensed through participating pharmacies to covered persons. This list is subject to periodic review and modification by the plan.

Our formulary is based on the following criteria: effectiveness, safety (both of which are established by the FDA), therapeutic role in treatment and overall cost effectiveness. All medications on our formulary are FDA approved to be safe and effective for their therapeutic indications. This is our primary consideration when evaluating any medication. Any rebate or discount that is negotiated with the manufacturing pharmaceutical company takes place only after a medication has been recognized as therapeutically effective. And it is entirely up to a patient's physician as to whether a certain medication should be prescribed for said patient. Should a prescription be written for a non-preferred medication, the patient's pharmacist may contact the physician and request substitution with a preferred medication.

It is best that a patient show this formulary to his/her physician before a medication is prescribed. This will help to avoid any delay in filling the prescription should the patient later wish to have a preferred medication as opposed to a non-preferred medication. All generic medications are included on the formulary, however, only some are listed due to limited space. **Any new generic medications that are approved by the FDA as therapeutically equivalent and bioequivalent are automatically covered under this formulary in accordance with plan policy. We believe, in general, that generic drugs are the most cost effective medications in many cases since they are far lower in price than brand name drugs and since they are older drugs, physicians are more familiar with them in regard to their side effects.**

*Note that generic medications are listed on the formulary in lower case letters and brand name medications are listed on the formulary in upper case letters.*

### DRUGS

**BRAND NAME DRUGS:** Name identifying a drug as the product of a specific pharmaceutical company. Also known as proprietary trademark name. Brand name drugs under patent protection are drugs protected by a patent issued to the original innovator or marketer. The patent prohibits the manufacture of the drug by other companies without consent of the innovator, as long as the patent remains in effect. \*

**PREFERRED BRAND NAME DRUGS:** Brand name drugs chosen by our P. & T. Committee as preferred over other brand name drugs within the same therapeutic class. \*

**GENERIC DRUGS :** Drugs that are approved by the FDA, which have been shown to be safe and effective, and are therapeutically equivalent and bio-equivalent to brand name drugs. These drugs contain the identical active ingredients and amounts as the brand name drugs. However, the generic drugs may be different in appearance in manners such as shape, size or color. The substitution of brand name drugs with generics will, in virtually all cases, produce the greatest savings for the client.

### FORMULARIES

#### “Open” Formulary

A plan that has adopted an “Open” formulary allows coverage for both formulary and non-formulary drugs. Drug coverage is not dependent upon the formulary list. By adhering to the formulary, the patient will be aiding their plan in cost-effective pharmacy management.

#### “Closed” Formulary

A plan that has adopted a “Closed” formulary **ONLY** allows coverage of drugs that are listed in the formulary.

A “closed” formulary affects the coverage of drugs in the following ways:

- Generic drugs are covered at the lowest copayment level. \*\*
- Brand name drugs on the formulary are covered at the lowest copayment level or the middle copayment level, depending on plan policy.
- Brand name drugs that do not appear on the formulary will not be covered under a “closed” formulary.

#### “Multi-Tier” Formulary

A plan that has adopted a “Multi-Tier” formulary allows coverage for all drugs, however a patient will pay higher copay for brand name drugs that do not appear on the list.

- Generic drugs are covered at the lowest copayment level.
- Brand name drugs on the formulary are covered at the lowest copayment level or the middle copayment level, depending on plan policy.
- Under a “multi-tier” formulary, the patient will be responsible for the highest copayment.

\* Therapeutic class and drug form are plan specific and may or may not be covered.  
\*\* Not all generic drugs appear on the formulary due to space limitation.

## ANALGESICS

### Anti-Migraine

butalbital/caffeine/APAP  
butalbital/caffeine/ASA  
CAFERGOT  
isometheptene/APAP/dichlpen  
MAXALT/MLT  
naratriptan  
RELPAK  
sumatriptan succ.

### Anti-Rheumatic

ENBREL  
hydroxychloroquine  
methotrexate  
RIDAURA

### Muscle Relaxants

baclofen  
carisoprodol  
chlorzoxazone  
cyclobenzaprine/ER  
dantrolene sodium  
methocarbamol  
orphenadrine  
orphenadrine comp  
tizanidine

### Non-steroidal anti-inflammatory agents

choline salicylate/magnesium  
diclofenac  
diflunisal  
etodolac  
etodolac SA  
flurbiprofen  
ibuprofen  
indomethacin  
ketoprofen  
ketorolac  
leflunomide  
meclofenamate sod.  
meloxicam  
nabumetone  
naproxen  
naproxen sodium  
oxaprozin  
piroxicam  
salsalate  
sulindac  
tolmetin  
VIMOVO

### NSAIDs, COX II Inhibitors

CELEBREX

### Opioid Agonist

codeine sulfate  
butorphanol NS  
fentanyl patch  
hydromorphone  
meperidine  
methadone  
morphine sulfate  
oxycodone  
OXYCONTIN  
oxymorphone  
propoxyphene hcl  
tramadol/ER

### Combinations:

acetaminophen/butalbital  
acetaminophen/butalbital/caffeine  
acetaminophen/codeine  
acetaminophen/dichlorophenazone/isom  
acetaminophen/hydrocodone  
acetaminophen/oxycodone  
acetaminophen/propoxyphene hcl  
aspirin/butalbital/caffeine  
aspirin/butalbital/caffeine/codeine  
aspirin/oxycodone

pentazocine/naloxone  
pentazocine/naltrexone  
roxicet  
tramadol/acetaminophen

## ANTI-INFECTIVES

### Amebicides

paromomycin  
YODOXIN

### Anti-bacterial

#### **Cephalosporins**

cefaclor  
cefadroxil  
cefdinir  
cefepodoxime  
cefprozil  
cefuroxime  
cephalexin

#### **Lincosamides**

clindamycin

#### **Macrolides**

azithromycin  
clarithromycin  
clarithromycin ER  
erythromycin base  
erythromycin ES  
erythromycin ES/sulfisoxazole

#### **Nitrofurantoin**

nitrofurantoin macro  
nitrofurantoin micro  
nitrofurantoin oral susp

#### **Penicillins**

amoxicillin  
amoxicillin TR/pot. clavulanate  
ampicillin  
dicloxacillin  
penicillin VK

#### **Quinolones**

ciprofloxacin  
levofloxacin  
ofloxacin

#### **Sulfonamides**

sulfisoxazole  
sulfamethoxazole/trimethoprim  
sulfamethoxazole/trimethoprim DS  
sulfasalazine/DR

#### **Tetracycline**

doxycycline  
doxycycline DR 100mg  
minocycline  
tetracycline

### Anti-Fungals

clotrimazole troches  
fluconazole tabs  
griseofulvin  
itraconazole  
ketoconazole  
nystatin  
terbinafine  
voriconazole tabs

### Anti-Virals

#### **Miscellaneous**

acyclovir  
famciclovir  
ganciclovir  
VALCYTE  
valacyclovir

#### **Hepatitis Agents**

PEG INTRON  
ribasphere  
ribavirin

#### **HIV Agents**

didanosine  
stavudine

zidovudine

All oral medications used for the treatment of HIV are covered, if FDA approved.

#### **Influenza Agents**

amantadine  
rimantadine

### Miscellaneous Anti-infectives:

chloroquine phosphate  
dapson  
ethambutol  
hydroxychloroquine  
isoniazid  
mebendazole  
mefloquine  
methenamine hippurate  
metronidazole  
MYCOBUTIN  
pyrazinamide  
quinine sulfate  
rifampin  
trimethoprim

## ANTINEOPLASTIC

anastrozole tabs  
bicalutamide tabs  
bleomycin  
carboplatin  
cladribine  
cyclophosphamide tabs  
dacarbazine  
daunorubicin  
docetaxel  
doxorubicin  
etoposide  
exemestane tabs  
floxadine  
fludarabine  
fluorouracil vial  
flutamide caps  
gemcitabine  
hydroxyurea caps  
idarubicin  
irinotecan Hcl vial  
letrozole tabs  
leucovorin  
megesterol tabs  
mercaptopurine tabs  
methotrexate  
mitomycin  
mitoxantrone  
paclitaxel  
tamoxifen  
vincristine  
vinorelbine  
All oral antineoplastic agents under this class are covered, if FDA approved.

## CARDIOVASCULAR

### Ace Inhibitors & Combinations:

amlodipine/benazepril  
benazepril  
benazepril/HCTZ  
captopril  
captopril/HCTZ  
enalapril  
enalapril/HCTZ  
fosinopril  
fosinopril/HCTZ  
lisinopril  
lisinopril/HCTZ  
moexipril  
moexipril/HCTZ  
perindopril erbumine  
quinapril

P = Preferred Brand Name Drug

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quinaretic  
 ramipril  
 trandolapril  
 trandolapril/verapamil  
Angiotensin Receptor Blockers & Combinations:  
 AZOR  
 BENICAR  
 BENICAR HCT  
 TRIBENZOR  
Anti-adrenergic Agents:  
 carvedilol  
 clonidine  
 doxazosin  
 guanabenz  
 guanfacine  
 prazosin  
 terazosin  
Anti-arrhythmics  
 amiodarone  
 digoxin  
 disopyramide  
 flecainide  
 mexiletine  
 propafenone  
 quinidine gluconate  
 quinidine sulfate  
 sotalol  
Anti-hyperlipidemics:  
**Bile Acid Sequestrants**  
 cholestyramine  
 cholestyramine light  
 colestipol  
 WELCHOL  
**Fibric Acid Derivatives**  
 fenofibrate  
 gemfibrozil  
**HMG-CoA Reductase Inhibitors**  
 atorvastatin  
 CRESTOR  
 LIPITOR  
 lovastatin  
 pravastatin  
 simvastatin  
**Miscellaneous**  
 ZETIA  
**Nicotinic Acids**  
 nicotinic acid (OTC-NF)  
Beta Blockers & Combinations:  
 acebutolol  
 atenolol  
 atenolol/chlorthalidone  
 bisoprolol fumarate  
 bisoprolol/hydrochlorothiazide  
 labetalol  
 metoprolol  
 metoprolol/hydrochlorothiazide  
 metoprolol succ. ER  
 nadolol  
 nadolol/bendroflu.  
 pindolol  
 propranolol  
 propranolol/hctz  
 timolol maleate  
Calcium Antagonists & Combos:  
 amlodipine besylate  
 amlodipine/benazepril  
 AZOR  
 CADUET  
 diltiazem  
 diltiazem CD  
 diltiazem ER  
 diltiazem SR  
 felodipine ER  
 isradipine

nifedipine ER  
 TRIBENZOR  
 verapamil  
 verapamil SR  
Diuretics:  
 amiloride  
 amiloride/hydrochlorothiazide  
 bumetanide  
 chlorthalidone  
 chlorthalidone  
 eplerenone  
 furosemide  
 hydrochlorothiazide  
 hydrochlorothiazide/spironolactone  
 hydrochlorothiazide/triamterene  
 indapamide  
 metolazone  
 spironolactone  
 torsemide  
Nitrates:  
 isosorbide dinitrate  
 isosorbide mononitrate  
 isoxsuprine  
 nitroglycerin patch  
 nitroglycerin SL  
 nitroglycerin SR  
 nitroglycerin topical  
 NITROLINGUAL SPRAY  
Miscellaneous Anti-hypertensives:  
 hydralazine  
 methyl dopa  
 minoxidil  
**CNS AGENTS**  
Anti-anxiety/Sedative-Hypnotics  
 alprazolam  
 alprazolam ER/XR  
 buspirone  
 chloral hydrate  
 chlordiazepoxide  
 clonazepam  
 clonazepam Distab  
 clorazepate  
 diazepam  
 hydroxyzine HCl  
 lorazepam  
 meprobamate  
 oxazepam  
 temazepam  
 zaleplon  
 zolpidem tartrate  
Anti-convulsants:  
 carbamazepine/ER  
 clonazepam  
 clonazepam Dis Tab  
 DIASTAT  
 diazepam  
 divalproex sod. tabs EC  
 ethosuximide  
 gabapentin  
 lamotrigine dispertabs  
 LYRICA  
 oxcarbazepine  
 phenobarbital  
 phenytoin sodium  
 primidone  
 valproic acid  
 zonisamide  
Anti-depressants:  
 amitriptyline  
 amitriptyline/perphenazine  
 bupropion  
 bupropion ER/SR  
 citalopram

clomipramine  
 desipramine  
 doxepin  
 fluoxetine  
 fluvoxamine  
 imipramine  
 mirtazapine  
 nefazodone  
 nortriptyline  
 paroxetine Hcl  
 paroxetine CR  
 phenelzine  
 PRISTIQ  
 sertraline  
 tranlycypromine sulf. tabs  
 trazodone  
 trimipramine  
 venlafaxine/ER  
Anti-Manic Agents:  
 lithium carbonate  
 lithium carbonate tabs ER  
Anti-parkinson Agents:  
 amantadine  
 benztropine  
 bromocriptine  
 carbidopa/levodopa  
 COMTAN  
 pramipexole Di-Hcl  
 ropinirole Hcl  
 selegiline  
 trihexyphenidyl  
Anti-psychotic Agents:  
 chlorpromazine  
 clozapine  
 fluphenazine  
 GEODON  
 haloperidol  
 loxapine  
 perphenazine  
 risperidone  
 risperidone ODT  
 SAPHRIS  
 SEROQUEL  
 SEROQUEL XR  
 thioridazine  
 thiothixene  
 trifluoperazine  
Cholinesterase Inhibitors:  
 ARICEPT 23  
 donepezil  
 donepezil ODT  
 galantamine HBR  
 galantamine ER  
 pyridostigmine br.  
 rivastigmine  
Multiple Sclerosis Agents:  
 AVONEX  
 BETASERON  
 COPAXONE  
Stimulants:  
 amphetamine salts  
 dexmethylphenidate  
 dextroamphetamine  
 methamphetamine  
 methylphenidate  
 methylphenidate ER  
 methylphenidate SA  
 methylphenidate SR

Miscellaneous CNS Agents:

bupropion SR tabs  
ergoloid mesylate  
EVOXAC  
midodrine  
pilocarpine tabs  
ropinirole Hcl  
RILUTEK

**DERMATOLOGICALS**

Acne Agents:

adapalene  
benzoyl peroxide  
clindamycin phos. topical  
clindamycin/benzoyl peroxide gel  
erythromycin topical  
erythromycin-benzoyl gel  
sodium sulfacetamide/sulfur  
sulfacetamide sod. 10% lot  
tretinoin (acne only)

Antibacterial Agents:

gentamicin topical  
metronidazole cream/lotion  
mupirocin ointment  
silver sulfadiazine

Antifungal Agents:

ciclopirox  
clotrimazole (OTC-NF)  
clotrimazole/betamethasone  
econazole  
ketoconazole topical  
nystatin topical  
nystatin/triamcinolone

Corticosteroids:

alclometasone dip. oint.  
amcinonide  
betamethasone dipropionate  
betamethasone valerate  
clobetasol  
desonide  
desoximetasone  
fluocinonide  
fluocinolone acetonide  
fluticasone  
halobetasol  
hydrocortisone 0.1% buty.  
hydrocortisone 0.2% val.  
hydrocortisone 2.5%  
mometasone  
prednicarbate cream  
triamcinolone acetonide

Hemorrhoidal Preparations:

lidocaine HC

Keratolytics:

CONDYLOX GEL  
podofilox  
urea

Psoriasis & Eczema Agents:

calcipotriene sol  
diflorasone  
selenium sulfide

Other Dermatologicals:

aluminum chloride  
ammonium lactate  
hydroquinone 4%  
imiquimod cream  
lidocaine cream, lotion  
lindane  
malathion lotion  
permethrin  
sulfacetamide sodium

**EARS, NOSE, & THROAT**

Anti-histamines:

ASTEPRO  
clemastine(OTC-NF)  
cyproheptadine  
diphenhydramine(OTC-NF)  
hydroxyzine hcl  
hydroxyzine pamoate  
levocetirizine tabs  
promethazine

Cough & Cold Preps:

benzonatate  
codeine  
codeine/guaifenesin  
codeine/promethazine  
dextromethorphan/promethazine  
guaifenesin SR & LA  
hydrocodone/chlorpheniramine susp  
hydrocodone/guaifenesin  
hydrocodone bit./homatropine

Decongestants & Combinations:

brompheniramine/pseudoephedrine  
carbinoxamine/pseudoephedrine  
carbinoxamine/pseudoephedrine SR  
chlorpheniramine/pseudoephedrine SR

Nasal Products:

flunisolide solution  
fluticasone nasal spray  
NASONEX

Otics:

acetic acid/hydrocortisone otic  
acetic acid otic drops  
antipyrine/benzocaine otic drops  
hydrocortisone/neomycin/polymyxin B  
otic  
ofloxacin ear drops

Throat & Mouth Products:

chlorhexidine gluconate  
lidocaine viscous  
sodium fluoride  
triamcinolone in orabase

**ENDOCRINE**

Androgens/Estrogens:

danazol

Bone Resorption

ACTONEL  
alendronate sodium tabs  
ATELVIA  
etidronate disodium

Corticosteroids:

cortisone acetate  
dexamethasone  
fludrocortisone acetate  
hydrocortisone  
methylprednisolone  
prednisolone  
prednisone

Diabetic Aids

NOVOFINE PEN NEEDLES  
NOVOFINE AUTOCOVER 30G  
NOVOTWIST NEEDLES  
TRUE RESULT METER  
TRUE TEST TEST STRIPS  
TRUE TRACK TEST STRIPS  
TRUE TRACK METER  
TRUE2GO METER

Gout:

allopurinol  
colchicine  
colchicine/probenecid  
probenecid

Hyperglycemics:

GLUCAGON INJECTION

Hypoglycemics:

**Biguanides**

metformin  
metformin ER

**Combination Products**

glipizide/metformin  
glyburide/metformin  
JANUMET

**Insulins**

LEVEMIR  
NOVOLOG

**Meglitinides**

nateglinide

**Miscellaneous**

JANUVIA  
VICTOZA  
WELCHOL

**Sulfonylureas**

chlorpropamide  
glimpiride  
glipizide  
glipizide ER  
glipizide XL  
glyburide  
glyburide micro  
tolazamide  
tolbutamide

Thyroid Products:

levothyroxine  
liothyronine sod  
methimazole  
propylthiouracil  
thyroid

Miscellaneous:

cabergoline  
desmopressin NS, tabs

**GASTROINTESTINAL AGENTS**

Anti-diarrheals:

atropine/diphenoxylate  
paregoric

Anti-spasmodic:

belladonna tincture  
belladonna/phenobarbital  
dicyclomine  
hyoscyamine  
hyoscyamine SR

Anti-ulcer:

misoprostol  
sucralfate

Anti-vertigo & Anti-emetic:

granisetron tabs  
meclizine hcl  
ondansetron  
ondansetron ODT  
prochlorperazine  
promethazine  
trimethobenzamide

Gastric Acid Secretion Reducers:

cimetidine  
famotidine  
lansoprazole  
NEXIUM  
nizatidine  
omeprazole  
pantoprazole tabs  
ranitidine

Laxatives:

lactulose  
polyethylene glycol 3350 powder  
PEG 3350 ELECTROLYTE SOL'N

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Miscellaneous Products:

amylase/lipase/protease  
ASACOL  
ASACOL HD  
balsalazide disodium  
hydrocortisone enema  
hydrocortisone AC supp  
mesalamine enema  
metoclopramide  
REMICADE  
sulfasalazine/DR  
ursodiol

**HEMATOLOGY**

Anti-coagulants:

COUMADIN  
heparin  
LOVENOX  
MEPHYTON  
warfarin

Anti-platelet:

anagrelide HCl  
cilostazol  
dipyridamole  
ticlopidine

Fibrinolytic:

pentoxifylline

Miscellaneous Agents:

aminocaproic acid  
EPOGEN  
NEUPOGEN  
PROCRIT

**IMMUNOLOGICALS & VACCINES**

THERACYS

**IMMUNOSUPPRESSANTS**

azathioprine  
cyclosporine

**NUTRITION**

Chelating Agents:

CHEMET  
CUPRIMINE  
SYPRINE

Systemic Alkalizers:

Ca monohydrate/K+Cit  
NaCit/K + Cit/Ca  
potassium citrate ER

Vitamins/Minerals/Electrolyte Modifiers:

calcitriol  
calcium acetate caps  
cyanocobalamin (vitamin B12)  
folic acid  
nicotinic acid (OTC-NF)  
potassium chloride  
vitamin A,C,&D w/fluoride  
vitamin multiple w/fluoride  
vitamin multiple w/fluoride & Fe

**OB/GYN**

Estrogens:

estradiol  
estropipate  
jinteli 1-5  
PREMARIN  
PREMPHASE  
PREMPRO

Contraceptives:

apri  
aranelle  
aviane  
brevicon  
camila

cesia  
cryselle  
enpresse  
errin  
jolessa  
jolvette  
junel  
junel fe  
kariva  
leena  
lessina  
levora  
low-ogestrel  
lutra  
medroxyprogesterone 150mg vial  
microgestin  
microgestin fe  
mononessa  
necon  
nora-be  
nortrel  
ocella  
ogestrel  
portia  
Previfem  
quasense  
reclipsen  
solia  
sprintec  
tilia fe  
tri-legest fe  
trinessa  
tri-previfem  
tri-sprintec  
trivora  
zeosa  
zovia

Fertility Agents:

chorionic gonad. Inj  
clomiphene citrate  
serophene

Oxytocics:

methylergonovine

Prenatal Products:

prenatal vitamins

Progestins:

medroxyprogesterone  
norethindrone acetate

Topical Anti-Infectives

clindamycin vag. cr.  
metronidazole vaginal gel  
nystatin vaginal  
terconazole  
triple sulfa vaginal

Miscellaneous Agents:

leuprolide acetate  
SYNAREL

**OPHTHALMIC AGENTS**

Anti-histamines:

azelastine  
epinastine

Anti-infectives:

bacitracin  
bacitracin/neomy/polymyxin B oint.  
bacitracin/polymyxin B  
ciprofloxacin  
dexamethasone/neomy/polymyxin B  
erythromycin  
gentamicin  
gramicidin/neomycin/polymyxin B soln  
ofloxacin  
polymyxin B/trimethoprim  
prednisolone/sodium sulfacetamide

sodium sulfacetamide  
tobramycin  
trifluridine drops

Glaucoma Agents:

acetazolamide  
apraclonidine  
betaxolol  
brimonidine  
dipivefrin  
latanoprost  
levobunolol  
methazolamide  
metipranolol  
pilocarpine  
timolol drops, gel

Steroids:

dexamethasone  
fluorometholone  
prednisolone acetate  
prednisolone sodium phos.

Miscellaneous:

atropine sulfate  
bromfenac  
cromolyn sodium  
cyclopentolate  
flurbiprofen  
ketorolac

**RESPIRATORY AGENTS**

Bronchodilators:

albuterol  
aminophylline  
DULERA  
FORADIL AERO.  
ipratropium bromide  
PROVENTIL HFA  
SYMBICORT  
theophylline  
theophylline SR

Glucocorticoids, Inhalation:

ASMANEX  
PULMICORT FLEXHALER  
PULMICORT RESPULES  
SYMBICORT

Miscellaneous agents:

acetylcysteine  
cromolyn neb. Sol.  
insect sting kit  
PULMOZYME  
SINGULAIR  
terbutaline  
zafirlukast

**SMOKING CESSATION**

bupropion SR  
CHANTIX

**UROLOGICAL AGENTS**

Anesthetics:

ELMIRON  
phenazopyridine

Antispasmodics:

DETROL  
DETROL LA  
oxybutynin  
oxybutynin ER  
flavoxate hcl  
TOVIAZ

Benign Prostatic Hypertrophy Agents

doxazosin  
finasteride  
tamsulosin caps  
terazosin

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Cholinergic Stimulants:

bethanechol

Erectile Dysfunction:

VIAGRA

yohimbine

**WEIGHT MANAGEMENT**

diethylpropion

phentermine

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